



# LITTLE ROCK LOW-INCOME MENTAL HEALTH RESOURCE GUIDE

PROVIDER	ACCEPTED INSURANCE	ADULTS	YOUTH	CHILDREN	INPATIENT	OUTPATIENT	DAY TREATMENT	RESIDENTIAL	SCHOOL BASED	ADMISSIONS	ADDITIONAL INFORMATION	CONTACT INFORMATION
<b>Arkansas State Hospital</b> 305 S. Palm St.	Most insurance, Medicare, Medicaid	●	●	●	●					Referral from a Community Mental Health Center	State-operated Acute Psych Inpatient Hospital	501-686-9000 (main)
<b>Baptist Health Behavioral Clinic</b> 11321 Mabelvale West #304	Most insurance, no Medicaid	●				●				Call 501-487-6010 to schedule an appointment	Comprehensive counseling services	501-202-7006 (main)
<b>Behavioral Health Services of AR</b> 10 Corporate Hill Dr. #330	Most insurance & Medicaid	●	●	●		●			●	Complete online forms at bhsarkansas.org	Formerly Youth Home's Family Therapy Services	501-954-7470 (main) 501-413-9949 (emergency)
<b>Centers for Youth &amp; Families</b> 1521 Merrill Drive Suite E200	Most insurance & Medicaid	●	●	●	●	●	●	●	●	Outpatient Counseling Center w/ same day access	Can work with clients who do not have insurance	501-666-8686 (main) 888-868-0023 (toll-free)
<b>Chenal Family Therapy of LR</b> 10800 Financial Center Pwky #290	Medicare, Medicaid, Most insurance	●	●	●		●				ID, SS Card, insurance card, proof of income required	Medicaid accepted at NLR location (2504 McCain Blvd)	501-781-2230 (main)
<b>CHI St. Vincent Behavioral Health</b> St. Vincent Circle	Most insurance, Medicare, Medicaid	●			●	●				Inpatient located at 2 St. Vincent Circle	Outpatient located at 1 St. Vincent Circle #260	888-552-5777 (inpatient) 501-552-4755 (outpatient)
<b>Families, Inc. of Jacksonville</b> 2126 N. 1st St. Suite F, Jacksonville	Medicaid & Private	●	●	●		●			●	Must be referred by Primary Care Physician	Outpatient program	501-982-5000 (main) 877-595-8869 (toll-free)
<b>Inspiration Day Treatment</b> 11700 Kanis Rd. #2	Medicare or Medicaid only	●					●			Medicare & Medicaid users must provide card	Day & evening treatment programs available	501-221-1941 (main)
<b>JCCSI: Open Hands Clinic</b> 1225 MLK Jr. Dr.	Most insurance, Medicare, Medicaid	●				●				Services provided through referral to LRMHC	Additional locations on University and in NLR	501-244-2121 (main) 870-543-2380
<b>Life Strategies Counseling Inc.</b> 1719 Merrill Dr.	Most insurance, Medicare, Medicaid	●	●	●		●			●	Call 866-972-1268 for an appointment	Emergency services available 24/7 at 855-295-1127	501-663-2199 (main)
<b>Living Hope Southwest</b> 10025 Markham St. #210	Medicare, Medicaid, Private Insurance	●	●	●		●			●	Call 501-663-5473 for an appointment	Crisis line available	501-663-5473 (main) 866-544-5473 (24/7)
<b>Methodist Family Health</b> 1600 Aldersgate Rd. #200	Most insurance, Medicaid, ARKids	●	●	●	●	●		●	●	Call 501-803-3388 for an appointment	Day treatment schools for children	501-661-0720 (main) 866-813-3388 (toll-free)
<b>Professional Counseling Assoc.</b> 4354 Stockton Dr., NLR	Medicare, Medicaid, Sliding Fee	●				●				Call for admissions; services for youth, children, adults	Emergency services and satellite offices available	501-955-7600 (main)
<b>Pulaski Co. Crisis Stabilization</b> 3001 W. Roosevelt Rd.	N/A	●			●					Call 501-340-6646 for admissions	Alternative to law enforcement. Must volunteer for treatment.	501-340-6646 (main)
<b>Rivendell Behavioral Health</b> 100 Rivendell Dr., Benton	Most private insurance & Medicare	●	●	●	●	●				Referrals from individual, family, or professional	Free assessments offered 24/7	501-316-1255 (main) 800-264-5640 (toll free)
<b>The Bridgeway</b> 21 Bridgeway Rd., NLR	Most insurance, Medicare, ARKids	●	●	●	●	●		●		No cost assessments on site or mobile 24/7	Offers senior care, partial hospitalization, and ECT	501-771-1500 (main) 800-245-0011 (crisis line)
<b>The Pointe</b> 11501 Financial Center Pwky.	All insurance	●	●	●	●	●	●	●	●	Assessment before admission into the program	Outpatient services at 400 Hardin Rd. #150	501-223-3322 (main) 800-800-3322 (toll-free)
<b>UAMS Psychiatric Research</b> 4224 Shuffield Dr.	Most insurance, Medicare, Medicaid	●	●	●	●	●			●	More info on next page	More info on next page	501-526-8100 (main)
<b>Woodland International Research</b> 910 Autumn Rd.	N/A	●	●	●	●					Call to enroll in study	Paid psych research studies; free transportation if needed	800-611-4873 (main)



# LITTLE ROCK LOW-INCOME MENTAL HEALTH RESOURCE GUIDE

PROVIDER	CONTACT INFORMATION	OUR HOUSE RESOURCES
<b>Suicide Prevention, Crisis Lines &amp; Support Groups</b>		
<p><b>National Emergency Number:</b></p> <p><b>Arkansas Crisis Center:</b></p> <p><b>National Suicide Prevention Line:</b></p> <p><b>Crisis Text Line:</b></p> <p><b>P.A.T.H. Human Trafficking Crisis Helpline:</b></p> <p><b>National Alliance on Mental Illness (NAMI):</b></p>	<p>Please dial 911 if you are in immediate danger</p> <p>For those considering suicide or exhibiting warning signs, call <b>1-888-274-7472</b></p> <p>Provides 24/7, free, confidential support for people in distress &amp; prevention resources   Call <b>1-800-273-8255</b>   En Espanol, call <b>1-888-628-9454</b>   For Deaf &amp; Hard of Hearing, call <b>1-800-799-4889</b></p> <p>Text HOME to 741741 for free, 24/7 support   Serves anyone, in any type of crisis</p> <p>Call <b>501-301-4357</b> or <b>1-888-373-7888</b></p> <p>Visit <a href="http://namiarkansas.org">namiarkansas.org</a> for more information about support groups in Little Rock</p>	<p><b>AVAILABLE CLASSES</b></p> <p><b>Anger Management:</b> Topics focus on communication and safety skills to address and prevent conflicts.</p> <p><b>NourisHER Women's Healing Circle:</b> Women sharing wisdom through creative self-expression.</p> <p><b>Counseling Clinic:</b> Provides barrier-free, on-site mental health counseling and referrals.</p> <p><b>Positively Parenting:</b> Parents learning the skills they need for a happy, supportive household.</p> <p><b>Recovery Support:</b> Discuss topics related to early recovery skills.</p>
<b>UAMS Psychiatric Research Institute</b>		
<p><b>STRIVE:</b></p> <p><b>Child Diagnostic Unit:</b></p> <p><b>Walker Family Clinic:</b></p> <p><b>5 North:</b></p> <p><b>Child Study Center (Arkansas Children's Hospital):</b></p>	<p>School based program providing therapy &amp; medication management   Call <b>501-771-8261</b> for an appt.</p> <p>The only inpatient program in the state that offers psychological, medical, psychiatric, language, life skills, and motor assessment for children   Call <b>501-526-8502</b> for more information</p> <p>Adult psychiatric evaluation, medication management, neuropsychological testing, as well as psychotherapy for individuals and families   Call <b>501-526-8200</b> to schedule an appointment</p> <p>Inpatient unit for female patients   Staff available 24/7   Services include expanded visitation, accomodation for new mothers, and holisting healing   Call <b>501-526-8100</b> for more information</p> <p>Outpatient program providing consultation, assessment, and management for those with psychiatric conditions   Call <b>501-364-5150</b> for more information</p>	<p><b>CONTACT INFORMATION</b></p> <p><b>Phone:</b> 501-374-7383 ext. 3</p> <p><b>Location:</b> 302 E. Roosevelt Road, LR, AR 72206</p> <p><b>To learn more and enroll:</b> Attend a Career Center orientation, held every Monday &amp; Wednesday at 11 am. All classes are free to the community.</p> <p><b>Classes may vary each year. View our current schedule of classes at <a href="http://ourhouseshelter.org/careercentercalendar">ourhouseshelter.org/careercentercalendar</a></b></p>
<b>Support for Military Personnel &amp; Veterans</b>		
<p><b>Veterans Day Treatment Center:</b></p> <p><b>Veterans Crisis Line:</b></p> <p><b>CAVHS Eugene J. Towbin Healthcare Center:</b></p> <p><b>CAVHS John L. McClellan VA Medical Center:</b></p>	<p>1000 S. Main Street, Little Rock, AR 72202   Call <b>501-257-4499</b> for more information</p> <p>Call <b>1-800-273-8255</b> and press 1   24/7 help for veterans in crisis</p> <p>2200 Ft. Roots Drive, North Little Rock, AR 72114   <b>501-257-1000</b>   Services offered include acute inpatient, dual diagnosis, serious MH illness and geri-psych, MH intensive case management, primary care MH integration, PTSD clinical team, military sexual trauma recovery, MH residential rehab</p> <p>4300 W. 7th St, Little Rock, AR 72205   <b>501-257-1000</b>   Services offered include women's veteran program, evaluations and referrals for mental health issues, post deployment adjustment, anger management, sexual trauma, elder abuse, parenting issues, family stressors, care coordination</p>	<p>This guide is meant to provide information for low-income and underinsured individuals about mental health resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit <a href="http://ourhouseshelter.org/resources">ourhouseshelter.org/resources</a>. Please visit <a href="http://findtreatment.samhsa.gov">findtreatment.samhsa.gov</a> for a directory of mental health resources nationwide.</p> <p><b>Updated June 2021</b></p>



# CENTRAL ARKANSAS HOMELESS SUPPORT GUIDE

SHELTERS	SPECIAL REQUIREMENTS											ADDRESS	CONTACT INFORMATION	
		MEN	WOMEN	YOUTH	VETERANS	REENTRY	RECOVERY	DOMESTIC VIOLENCE	DAY SHELTER	EMERGENCY	LONG TERM			
Abba House	Pregnant women & new mothers; no drug problems or mental illness		●	●							●		1014 S. Oak St	501-666-9718
Compassion Center	Beds are first come, first served; must be physically and mentally able	●	●	●			●				●	●	Women: 4210 Asher Ave Men: 3618 W Roosevelt Rd	501-296-9114 lrcompassioncenter.org
Dorcas House	Faith based, 9 - 12 month program; cannot work or go to school during		●	●	●			●	●				823 S. Park St	501-374-4022 urmissionlr.org
Family Promise	Serving households with minor children	●	●	●						●			222 E 6th St	501-372-0733 familypromisepc.org
Gaines House	Must have a mental health diagnosis or physical disability		●					●		●			1702 Gaines St	501-376-4015 thegaineshouse.org
GYST House, Inc.	Chemical free	●	●				●				●	●	8101 Frenchmans Ln	501-568-1682 gysthouseinc.com
Immerse Arkansas	Serves youth ages 14 - 21	●	●	●								●	307 W 7th St	501-508-5005 luciesplace.org
Our House	Must be willing and able to work; Career Center open to community	●	●	●		●	●				●	●	302 E Roosevelt Rd	501-374-7383 ourhouseshelter.org
Salvation Army	Shelter for women & families; community meals available		●	●				●			●	●	1111 W Markham St	501-374-9296 salvationarmyusa.org
St. Francis House	For veterans; long-term available	●	●	●	●	●							2701 S Elm Street	501-664-5036 stfrancisministes.com
Women & Children First	Can work with fathers and their children as well	●	●	●	●	●		●			●		Call for more information wcfarkansas.org	Office: 501-376-3219 Victims: 501-332-4443
<b>Substance Abuse &amp; Mental Health</b>		<b>Homeless Outreach</b>			<b>Rapid Rehousing</b>			<b>Day Centers</b>						
<p>The Centers   501-666-8686   centersforyouthandfamilies.net</p> <p>Harbor House Inc.   501-690-1547   recoveryhhi.org</p> <p>Recovery Centers of AR   501-372-4611   rcofa.org</p> <p>Wolfe Street Foundation   501-372-5662   wolfestreet.org</p> <p>Nehemiah House   501-374-4022   urmissionlr.org</p>		<p>The Van   501-955-3444 Finding &amp; loving our unsheltered neighbors</p> <p>Street Ministry 501-860-1180 Providing for homeless camps in Pulaski county</p>			<p>Pulaski County Housing 501-340-3376 201 S. Broadway St.</p> <p>River City Ministry 501-376-6694 1021 E. Washington Ave.</p>			<p>Jericho Way   501-619-9859 3000 Springer Blvd. Mon - Fri, 7:30a - 2:30p</p> <p>Our House Career Center 501-374-7383 302 E. Roosevelt Road Mon - Thurs 8a - 8p, Fri 8a - 12p</p>					<p>VA Day Treatment Center 501-257-4499   1000 S. Main St. Serving military veterans</p> <p>River City Ministry 501-376-669 1021 E. Washington Ave. Mon - Fri, 8a - 3p</p>	
<b>Additional Resources</b>														
<p>Central AR Family Stability Institute (CAFSI)   Reentry Program 501-374-7383   302 E Roosevelt Road (Our House) CAFSI serves homeless &amp; near-homeless families with children in the household for a 1 to 2 year commitment   Young adult reentry program provides services to ages 18 -24 with justice involvement</p> <p>Partners Against Human Trafficking (PATH) 501-993-1641   Victims call 501-301-4357 Day center, emergency transportation, and referrals for aged 18+ rescued victims/survivors of sex trafficking, sexual assault, and prostitution</p>		<p>Better Community Development   501-663-7774 3604 W. 12th St. Programs for persons with disabilities</p> <p>Free Will Baptist Ministries 501-663-3129 3600 W 11th St. Serving ages 12-17 in the custody of DHS/DCFS</p>			<p>Arkansas Food Bank 501-565-8121 Distribution center, call for more information Mon - Fri, 8a - 5p</p> <p>Potluck Food Rescue 501-371-0303 621 W Broadway St. Saving good food from being wasted</p>			<p>Goodwill Industries of AR 501-372-5100 7400 Scott Hamilton Dr. Adult education, job training, and employment</p> <p>Safe Harbor   501-374-5399 4800 Springer Blvd. Recovery support, housing, job placement, and education</p>					<p>AR Division of Workforce Services   501-682-2121 Unemployment insurance, employment assistance, TANF Mon - Fri, 8a - 4p</p> <p>Every effort is made to ensure accuracy to this guide. Please visit <a href="http://ourhouseshelter.org/resources">ourhouseshelter.org/resources</a> for more information.</p> <p style="text-align: center;"><b>Updated June 2021</b></p>	



# LITTLE ROCK LOW-INCOME SUBSTANCE ABUSE RECOVERY RESOURCE GUIDE

PROVIDER	ACCEPTED INSURANCE							ADMISSIONS	ADDITIONAL INFORMATION	CONTACT INFORMATION
		MEN	WOMEN	YOUTH	RESIDENTIAL	INPATIENT	OUTPATIENT			
<b>Baptist Health Recover</b> 9601 Interstate 630	Most insurance, Medicare, Medicaid	●	●			●	●	Free assessment, bring photo ID & insurance card	Detox from opiate, benzodiazepine, alcohol; \$5,500 if out of pocket	501-202-2893 (main)
<b>BCD: Hoover Treatment Center</b> 3604 W. 12th St.	None - Payment plans available	●	●		●		●	Apply at: <a href="http://bcdinc.org">bcdinc.org</a>	8-week outpatient: \$1,600 30-day residential: \$3,500	501-663-4774 (main)
<b>Behavioral Health Group</b> 4260 Stockton Dr. Suite A, NLR	Medicare & other insurance	●	●				●	Schedule a consult at: <a href="http://bhgrecovery.com/inquiry-form/">bhgrecovery.com/inquiry-form/</a>	Outpatient opioid addiction treatment; ID required	501-916-9129 (main) 844-535-7291 (consults)
<b>Behavioral Health Services of AR</b> 10 Corporate Hill Dr. #330	Sliding fee			●			●	Call for admissions	ID required	501-954-7470 (main)
<b>Bradford Health Services</b> 11215 Hermitage Rd. #204	Most insurance, self-pay	●	●				●	Call for admissions	Inpatient rehab & extended care available; family program offered	501-725-8000 (main) 800-333-1865 (toll-free)
<b>Family Service Agency</b> 628 W. Broadway St. #300, NLR	Self-pay, Medicaid			●			●	Call for admissions; provides services to youth and adults	ID required	501-372-4242 (main)
<b>Gyst House</b> 8101 Frenchmans Ln.	Cash or check	●	●		●			Call for admissions	Outpatient services available	501-568-1682 (main)
<b>Harbor House</b> 3700 65th St.	Most insurance	●	●		●		●	Call Mon - Fri, 8 am - 5 pm to speak with admissions	Services for pregnant women, children	479-785-4083 (main) 855-631-4648 (toll-free)
<b>Life Forward Counseling</b> 1100 N. University Ave. #108	Most insurance, Self-pay	●	●	●			●	Call or drop by to schedule an appointment	Self pay rates vary, some pro-bono services are offered	501-747-2300 (main)
<b>Methodist Family Health: AR Cares</b> 2002 S. Filmore St.	Most insurance, Medicaid, ARKids		●		●			Call 501-803-3388 for admissions	Program for pregnant women, moms with kids	501-661-0720 (main)
<b>Natural State Recovery Centers</b> 3600 Cantrell Rd. #303	Most insurance, Ambetter, BCBS	●	●			●	●	Apply online at <a href="http://naturalstatererecovery.com">naturalstatererecovery.com</a>	ID required; Inpatient/detox located at 10025 Oakland Dr, NLR	501-319-7074 (main)
<b>Serenity Park</b> 2711 W. Roosevelt Rd.	Most insurance	●						Apply online at <a href="http://serenityparkrecovery.com">serenityparkrecovery.com</a>	Medically assisted detox, residential rehab available	501-313-0066 (main)
<b>Oasis Renewal Center</b> 14913 Cooper Orbit Rd.	Most insurance	●	●		●	●	●	Apply online at: <a href="http://oasisrenewalcenter.com">oasisrenewalcenter.com</a>	ID required	501-376-2747 (main)
<b>Quality Living Center</b> 3925 Asher Ave.	Private insurance or self-pay	●	●		●		●	Take a prescreen at: <a href="http://qualitylivingcentertreatment.net">qualitylivingcentertreatment.net</a>	Transitional living option; payment assistance available	501-663-3490 (main)
<b>RCA: Riverbend</b> 1201 River Rd., North Little Rock	Private pay & payment plans	●	●		●		●	Apply online at: <a href="http://crm.bestnotes.com/portal/rca">crm.bestnotes.com/portal/rca</a>	ID required; discount on service fees with proof of income	501-372-4611 (main)
<b>Rivendell Behavioral Health</b> 100 Rivendell Dr., Benton	Most insurance, Medicare, TRICARE	●	●	●	●	●	●	For 24/7 assessments, call 888-581-5091	Adult dual diagnosis program	501-316-1255 (main)
<b>The Bridgeway</b> 21 Bridgeway Rd., North Little Rock	Most insurance, TRICARE	●	●			●	●	24/7 assessments offered	Medical detox available	501-771-1500 (main) 800-245-0011 (toll-free)
<b>UAMS Center for Addiction</b> 4224 Shuffield Dr.	Medicare, Medicaid, most insurance	●	●			●	●	Call for admissions	Methadone - Medicare/Medicaid only; Suboxone - most insurance	501-526-8100 (main) 501-526-8400 (clinic)
<b>Union Rescue Mission</b> 823 S. Park St.   2921 Springer Blvd.	\$75 - \$80 initial entrance fee	●	●		●	●		Dorcas House (women) - Park Nehemiah House (men) - Springer	9 - 12 month drug & alcohol program, no narcotics	501-374-4022 (main)



PROVIDER	CONTACT INFORMATION	OUR HOUSE RESOURCES
<b>12 Step Recovery Support Groups</b>		<b>AVAILABLE CLASSES</b>
<b>Alcoholics Anonymous Central Office:</b>	7509 Cantrell Road #106, Little Rock, AR 72207   Call <b>501-664-7303 (hotline)</b> or <b>501-664-6042 (business)</b> for 24/7 assistance	<b>Alcoholics Anonymous:</b> Meets weekly in the Career Center
<b>AlAnon &amp; Alateen</b>	Visit <a href="http://arkansasalanon.org/meeting">arkansasalanon.org/meeting</a> to find a meeting near you	<b>Narcotics Anonymous:</b> Meets biweekly in the Career Center
<b>Celebrate Recovery at Metro Worship Center:</b>	2914 S. Cumberland Street, Little Rock, AR 72206   Call <b>501-951-1333</b> or visit <a href="http://locator.crgroups.info">locator.crgroups.info</a> to find a group near you	<b>Recovery Support Groups:</b> Discusses topics related to early recovery skills
<b>Cocaine Anonymous:</b> —	3921 Asher Avenue, Little Rock, AR 72205   Call <b>501-301-4827</b> for more information	
<b>Friends of Recovery (Narcotics Anonymous):</b>	1305 W. Markham Street, Little Rock, AR 72201   Call <b>501-412-9493</b> for 24/7 assistance	<b>CONTACT INFORMATION</b>
<b>The Kelly Foundation:</b>	2500 Broadway Street, Little Rock, AR 72204   Call <b>501-663-6553</b> for more information	<b>Phone:</b> 501-374-7383 ext. 3
<b>Wolfe Street Foundation:</b>	1015 S. Louisiana Street, Little Rock, AR 72202   Call <b>501-372-5662</b> for more information	<b>Location:</b> 302 E. Roosevelt Road, LR, AR 72206
<b>Harm Reduction &amp; Chem Free Housing</b>		<b>To learn more and enroll:</b> Attend a Career Center orientation, held every Monday & Wednesday at 11 am. All classes are free to the community.
<b>Central Arkansas Harm Reduction Project:</b>	Serves people who use drugs & people who are sex workers   Provides free naloxone, condoms, fentanyl test strips   Call or text <b>501-438-9158</b>	<b>Classes may vary each year. View our current schedule of classes at <a href="http://ourhouseshelter.org/careercentercalendar">ourhouseshelter.org/careercentercalendar</a></b>
<b>Steeplechase Apartments:</b>	6225 Father Tribou Street, Little Rock, AR 72205   <b>501-372-4611</b>   Men and women	
<b>RCA - Williamsburg:</b>	6301 Father Tribou Street, Little Rock, AR 72205   <b>501-372-4611</b>   Men and women	
<b>Turning Place:</b>	Call <b>501-414-0176</b>   Costs \$470/month (\$125/week), no deposit required   Men only	
<b>Freedom House:</b>	Call <b>501-666-4955</b>   Costs \$508/month (\$127/week), \$117 deposit required   Men only	
<b>Support for Military Personnel &amp; Veterans</b>		This guide is meant to provide information for low-income and underinsured individuals about substance abuse recovery resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit <a href="http://ourhouseshelter.org/resources">ourhouseshelter.org/resources</a> . Please visit <a href="http://findtreatment.samhsa.gov">findtreatment.samhsa.gov</a> for a directory of mental health resources nationwide.
<b>Veterans Day Treatment Center:</b>	1000 S. Main Street, Little Rock, AR 72202   Call <b>501-257-4499</b> for more information   Provides a range of services to help homeless veterans including health care, case management, substance abuse education, and placement with chem-free housing	<b>Updated June 2021</b>
<b>CAVHS John L. McClellan VA Medical Center:</b>	4300 W. 7th St, Little Rock, AR 72205   <b>501-257-1000</b>   Veteran at risk for serious withdrawal complications can go to the Emergency Department   24 hour access to inpatient hospitalization   Medically managed detox   Average length of stay 5 - 7 days   Provides consult for treatment	
<b>CAVHS Eugene J. Towbin Healthcare Center:</b>	2200 Ft. Roots Drive, North Little Rock, AR 72114   <b>501-257-1000</b>   Patients with mild to moderate risk of withdrawal complications can go to Ambulatory Detox, Building 170, Unit 3L for evaluation   Walk in access Mon - Fri, 9 am - 1 pm   Average length of stay 3 - 5 days   Evaluates for longer term programs	